

Independent Learning Expectations

STAY ORGANIZED

Use your agenda to keep track of assignments and assessments.



TAKE A BREAK

Work at your own pace and use those breaks that are built into your schedule.



GET MOVING

Breaks are built into your day - use this time to stretch, dance, or move around.



EAT UP

Eat breakfast, lunch, and healthy snacks throughout the school day.



ASK QUESTIONS

Email your teacher or post questions in Google Classroom.



TAKE CARE

If you're feeling stressed, lonely, or sad, speak to a trusted adult like a parent/guardian, teacher or counselor.



Remember that asynchronous (a.k.a. independent) learning is new to all of us. If you have any questions or concerns, reach out to Mrs. Melgoza. You can do this by email, or asking questions in live sessions. I am here to help. A positive mindset will help you to grow as a student!